



## **Permanent Makeup Treatment Restrictions and Contraindications**

PMU treatments are not right for everyone. If you have any of the following conditions an alternative may be a better option for you. At least 24 hours prior to your appointment it is very important to refrain from the following:

Avoid for 24-48 Hours Before Treatment:

- Alcohol
- Aspirin, or any aspirin products
- Ibuprofen
- Aleve
- Energy drinks
- Coffee

### **Eyeliner/Lash Enhancements:**

-No Autoimmune Diseases

-No Infectious Diseases

-No Pregnancy or Nursing

-No Heart Disease

-Diabetes- Must be under control and need doctors note to clear for PMU treatment

-No lash extensions for 7 days prior to treatment, 5-6 weeks after touchup (treatment area must be completely healed)

-No lash serum at least 30 days prior to treatment and 30-45 days after touch-up

- No Retin-A or Alpha Hydroxyl skin care products for 7 days prior to treatment
- Contact lenses must be removed prior to treatment
- Currently undergoing or has been treated with chemo or radiation within the last 6 months (Must be cleared with your oncologist before booking an appointment)
- Slow to heal for any reason
- Uncontrolled high blood pressure
- Allergic to lidocaine and epinephrine (can still receive treatment without numbing agent)
- Accutane within the last 6 months
- Tendency to bleed excessively from minor cuts
- Implant in treatment area
- No use of medical blood thinning medicines for 7 days before the treatment, for example but not limited to ibuprofen, Aleve, or Aspirin. Tylenol is okay up to 30 minutes before the treatment.
- History of skin diseases or remarkable skin sensitivities
- Keloid Scarring

### **Eyebrow Microblading/Shading and Powder Brow/Nano Brow:**

- No Autoimmune Diseases
- No Infectious Diseases
- No Pregnancy or Nursing
- No Heart Disease
- Diabetes- Must be under control and need doctors note to clear for PMU treatment
- No Botox 2-3 weeks before treatment
- No Threads 6 months before treatment

- No implant in treatment area (Example: Tear duct tubes)
- No Retin-A or Alpha Hydroxyl skin care products for 7 days prior to treatment
- Currently undergoing or has been treated with chemo or radiation within the last 6 months (Must be cleared with your oncologist before booking an appointment)
- No sunburn on face
- Slow to heal for any reason
- Uncontrolled high blood pressure
- Allergic to lidocaine and epinephrine (can still receive treatment without numbing agent)
- Accutane within the last 6 months
- Tendency to bleed excessively from minor cuts
- No use of medical blood thinning medicines for 7 days before the treatment, for example but not limited to ibuprofen, Aleve, or Aspirin. Tylenol is okay up to 30 minutes before the treatment.
- History of skin diseases or remarkable skin sensitivities
- Keloid Scarring

### **Lip Blushing and Neutralization:**

- No Cigarette Smoking (Please do not book an appointment for lip treatment services if you are a cigarette smoker)
- No Autoimmune Diseases
- No Infectious Diseases
- No Pregnancy or Nursing
- No Heart Disease
- Diabetes- Must be under control and need doctors note to clear for PMU treatment

- Herpes/ Cold Sores- Must treat with Valtrex or similar medication before and after lip treatment
- No dry/chapped lips
- No Lip filler less than 6 weeks before treatment
- No Threads 6 months before treatment
- No implant in treatment area (Example: Silicone in lip area)
- No Retin-A or Alpha Hydroxyl skin care products for 7 days prior to treatment
- Currently undergoing or has been treated with chemo or radiation within the last 6 months (Must be cleared with your oncologist before booking an appointment)
- No sunburn on face/lips
- Slow to heal for any reason
- Uncontrolled high blood pressure
- Accutane within the last 6 months
- Tendency to bleed excessively from minor cuts
- No use of medical blood thinning medicines for 7 days before the treatment, for example but not limited to ibuprofen or aspirin. Tylenol is okay up to 30 minutes before the treatment.
- History of skin diseases or remarkable skin sensitivities
- Keloid Scarring