

Lé Esthetics PMU Removal Client Package

Thank you for choosing Lé Esthetics for your PMU Removal experience. Please make sure that you read the following instructions to assure the best results for your procedure.

24 hours prior to your appointment it is important to refrain from the following:

- Alcohol
- Aspirin, or any aspirin products
- Ibuprofen
- Aleve
- Energy drinks
- Coffee

Not having caffeine in your system will help you to relax, as well as, to help relax the facial muscles where we will be working.

7 days prior to your application, please refrain from using the following:

- Vitamin E
- Fish Oil
- Retin A topical